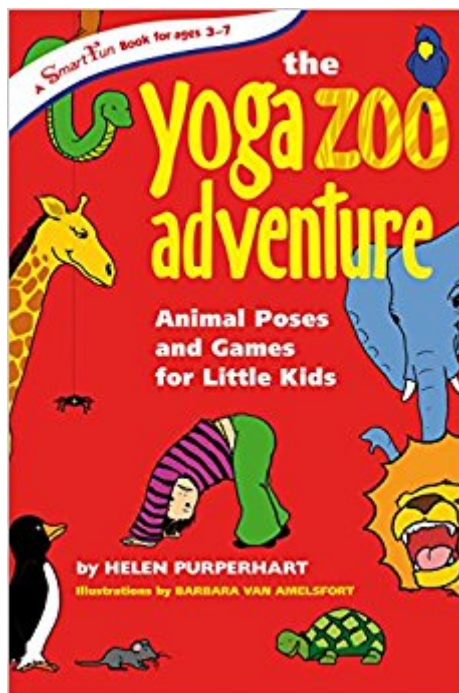




The book was found

The Yoga Zoo Adventure: Animal Poses And Games For Little Kids (SmartFun Activity Books)



Synopsis

This ingenious book uses the postures and movements of zoo animals to teach yoga movements to children. The first part of the book covers theoretical and practical information for parents and teachers working with yoga. Part two takes readers to every part of the zoo, from the insect and reptile houses to the ape cage and the oceanarium. Here youngsters come face to face with a tiger, look in the eyes of a giraffe, do the monkey dance, and walk as gracefully as a flamingo. Part three introduces the rules of the yoga lifestyle through a number of animal fables. Part four contains background information about the animals described in the book.

Book Information

Series: SmartFun Activity Books

Paperback: 160 pages

Publisher: Hunter House; 1 edition (August 28, 2008)

Language: English

ISBN-10: 0897935055

ISBN-13: 978-0897935050

Product Dimensions: 0.5 x 6 x 8.8 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 3.7 out of 5 stars 15 customer reviews

Best Sellers Rank: #551,707 in Books (See Top 100 in Books) #72 in Books > Children's Books > Growing Up & Facts of Life > Health > Fitness #121 in Books > Health, Fitness & Dieting > Exercise & Fitness > For Children #298 in Books > Children's Books > Animals > Zoos

Age Range: 4 and up

Grade Level: Kindergarten and up

Customer Reviews

Not what I expected at all. Wish I would have read the one-star review. I bought the book as a gift for my young niece because it says clearly on the cover A Smart Fun Book for ages 3-7. This book is NOT for CHILDREN directly, since it is explaining the exercises and offering information for ADULTS--adults that want to read the exercises out loud or create their own ideas from the book. It's also not really a yoga book. It's just a movement book. It holds many sweet ideas that are very educational about animals and contains many animal stories without illustrations! It may be a great resource for teachers (yoga or school) to get ideas, but adults must translate what they read into something engaging. I'll use it to inform my own yoga teaching, but definitely would not give this as

a gift to a parent or child.

Written for adults to use with children. Not a children's book.

My granddaughter and I love to follow these poses.

good book

The book is ok, not really what I had hoped!

Easy to follow and remember while teaching to children. Fun, creative but need to alternate with other games to keep interest of kids peaked.

Good product for kids, do recommend, shows several ways to play with children and to spend quality time. It stimulates creativity in several ways.

Hi - I am disappointed with this book. My mistake for buying it. It is a book for adults to read to their children. There are very few pictures or illustrations for the kids to look at and then replicate. The beautiful illustrations on the cover are deceptive - very little of the inside of the book is like the front cover. The authors appear not to have the basic knowledge that body skills are well taught to young children via pictures. Yoga is a full body experience, not a language experience of reading and temporal lobe translation.

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The Yoga Zoo Adventure: Animal Poses and Games for Little Kids (SmartFun Activity Books) Yoga: 21 Essential Yoga Poses to Strengthen Your Body and Calm Your Mind (FREE Meditation Bonus!): (Meditation, Yoga Poses, Relaxation, Stress Relief, Yoga for beginners) Yoga: 100 Key Yoga Poses and Postures Picture Book for Beginners and Advanced Yoga Practitioners: The Ultimate Guide For Total Mind and Body Fitness (Yoga ... Books) (Meditation and Yoga by Sam Siv 3) Yoga: The Top 100 Best Yoga Poses: Relieve Stress, Increase Flexibility, and Gain Strength (Yoga Postures Poses Exercises Techniques and Guide For Healing Stretching Strengthening and Stress Relief) Yoga: The Yoga Beginner's Bible: Top 63 Illustrated Poses for Weight Loss, Stress Relief and Inner Peace (yoga for beginners, yoga books, meditation, mindfulness, ... self help, fitness books Book 1) Yoga Games for Children: Fun and Fitness with Postures, Movements and Breath (SmartFun

Activity Books) Books For Kids: Natalia and the Pink Ballet Shoes (KIDS FANTASY BOOKS #3)
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